

## THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

## **Living Well with Chronic Lung Disease**

Many people with lung conditions such as chronic obstructive pulmonary disease (COPD) and interstitial lung disease experience shortness of breath and fatigue. These symptoms can make it difficult to do routine daily activities and hobbies. Join Stephanie Driscoll, PT, DPT, CCS, to learn how pulmonary rehab can help people with lung disease live a full and active lifestyle.

This online program is free and open to MGH staff, patients, and the general public.

To attend this program, click on this link: <a href="https://partners.zoom.us/j/82701319211">https://partners.zoom.us/j/82701319211</a>

Featured Speaker: Stephanie Driscoll, PT, DPT, CCS
Stephanie is a physical therapist in the Department of Physical and Occupational Therapy. She has a Doctor of Physical Therapy degree from the University of Miami and is a board-certified clinical specialist in cardiovascular and pulmonary physical therapy. She is passionate about helping patients find safe and creative ways to be more physically active.



Date: Wednesday, March 17, 2021 Time: 12:00 PM - 1:00 PM

For more information, call 617-724-7352 or email pflc@partners.org

